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Nota di contenuto	Chapter 1. Organic food in Australia -- Chapter 2. Genetically modified food in Australia.
Sommario/riassunto	Increasingly, Australians are caring more about the origins and values of the foods they consume. This book addresses two often misunderstood agricultural production methods - organic farming and genetic modification. Organic food is grown and produced without using synthetic chemicals such as pesticides and artificial fertilisers; so what are the actual ethical, environmental and nutritional differences between organic and conventionally-produced food? Are organics healthier? Genetic modification is a science-driven crop and animal breeding method which has attracted controversy and confusion in recent years. Which foods are GM, how are they labelled and regulated in Australia, and are there any proven environmental or health-related side-effects? This book serves you up an abundance of information with which to make more informed food choices.