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Nota di contenuto	Fibromyalgia -- Title Page -- Copyright -- Contents -- Preface -- Abbreviations -- Section 1: Introduction -- CHAPTER 1: History of fibromyalgia -- CHAPTER 2: What is fibromyalgia? -- CHAPTER 3: Health economics and fibromyalgia -- CHAPTER 4: Prognosis of fibromyalgia -- Section 2: Causes of fibromyalgia -- CHAPTER 5: Aetiopathogenesis of fibromyalgia -- CHAPTER 6: Neurogenic theories -- CHAPTER 7: Myogenic theories -- CHAPTER 8: Endocrine theories -- CHAPTER 9: Vascular theories -- CHAPTER 10: Other aetiological theories -- CHAPTER 11: Risk factors for fibromyalgia -- Section 3: Clinical examination -- CHAPTER 12: Patient history and gaining a rapport -- CHAPTER 13: Clinical features -- CHAPTER 14: Criteria for fibromyalgia diagnosis -- CHAPTER 15: Investigations -- CHAPTER 16: Differential diagnoses -- Section 4: Education -- CHAPTER 17: Biopsychosocial model -- CHAPTER 18: Education -- CHAPTER 19: Communication and building a rapport -- CHAPTER 20: Using metaphors to communicate -- CHAPTER 21: Patients taking control -- CHAPTER 22: Networking in fibromyalgia -- CHAPTER 23: Social media and fibromyalgia -- Section 5: Physical therapies -- CHAPTER 24: Physical therapy -- CHAPTER 25: Pacing strategies -- CHAPTER 26: Role of the occupational therapist -- CHAPTER 27: Functional rehabilitation programmes -- CHAPTER 28: Graded exercise therapy -- CHAPTER 29: Breathing exercises -- CHAPTER 30: Massage therapies

-- CHAPTER 31: Heat and cold therapies -- CHAPTER 32: Hydrotherapy
-- Section 6: Complementary therapies -- CHAPTER 33: Acupuncture
-- CHAPTER 34: TENS machine -- CHAPTER 35: Osteopathy and chiropractic -- CHAPTER 36: Aromatherapy -- CHAPTER 37: Herbal remedies -- CHAPTER 38: Hypnotism -- CHAPTER 39: Ayurveda therapy -- CHAPTER 40: Siddha therapy -- CHAPTER 41: Homoeopathy
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Sommario/riassunto

This ground-breaking textbook covers the condition of fibromyalgia in great detail and is written in an easy-to-understand style. It is useful for doctors, nurses, medical students, physiotherapists, occupational therapists, psychologists, and other healthcare professionals, as well as patients.
