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Nota di contenuto	Health Promotion for People with Intellectual and Developmental Disabilities; Health Promotion for People with Intellectual and Developmental Disabilities; Praise for this book; Contents; List of contributors; Foreword; Introduction; Part 1 The health and health promotion needs of people with intellectual disabilities; 1 Health issues for people with intellectual disabilities:the evidence base; 2 Health promotion and people with intellectual disabilities; Part 2 Health promotion evidence applied to practice; 3 Vision, hearing, and oral health; 4 Framing food choicesto improve health 5 Obesity6 Diabetes; 7 Epilepsy; 8 Cardiovascular disease; 9 Cancer; 10 Sexual health; 11 Mental health; 12 Substance abuse; 13 Ageing; Part 3 Health promotion in context; 14 Health promotion within families; 15 Health promotion in schools; 16 Physical activity, exercise, and sport; 17 The role of healthcare professionals; 18 Health checks; 19 Ethics; 20 Evaluating health promotion programmes; Index; Advert; Back Cover
Sommario/riassunto	This book offers a wide range of health and social care professionals, the knowledge and strategies to address key issues, enabling and empowering individuals with intellectual disabilities to enjoy healthier lives.

