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Note generali	Subtitle from cover. Two columns to the page.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	pt. 1. Perspectives on the vitamins in nutrition -- pt. 2. Considering the individual vitamins -- pt. 3. Using current knowledge of the vitamins.
Sommario/riassunto	The fourth edition of this bestselling text will again provide the latest coverage of the biochemistry and physiology of vitamins and vitamin-like substances. Extensively revised and expanded on the basis of recent research findings with enlarged coverage of health effects of vitamin-like factors, it is ideally suited for students and an important reference for anyone interested in nutrition, food science, animal science or endocrinology. It contains a cohesive and well-organized presentation of each of the vitamins, as well as the history of their discoveries and current information about the