Record Nr. UNINA9910811038503321 Cognitive and constructive psychotherapies: theory, research, and **Titolo** practice / / Michael J. Mahoney, editor : Donald Meichenbaum ... [et al.], contributors New York, : Springer Pubbl/distr/stampa Washington, DC,: American Psychological Association, c1995 **ISBN** 1-281-81865-8 9786611818654 0-8261-8612-2 Edizione [2nd ed.] Descrizione fisica 1 online resource (233 p.) Altri autori (Persone) MahoneyMichael J MichenbaumDonald Disciplina 616.89/14 Soggetti Cognitive therapy Constructivism (Psychology) Personal construct therapy Rational emotive behavior therapy Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Includes bibliographical references and index. Nota di bibliografia Contents: Contributors: Preface: Acknowledgments: Part I: Introduction: Nota di contenuto 1 Theoretical Developments in the Cognitive and Constructive Psychotherapies; 2 Changing Conceptions of Cognitive Behavior Modification: Retrospect and Prospect; Part II: Cognitive Therapy; 3 Cognitive Therapy: Past, Present, and Future; 4 An Appraisal of Cognitive Therapy; Part III: Rational-Emotive Therapy; 5 Reflections on Rational-Emotive Therapy; 6 An Appraisal of Rational-Emotive Therapy; Part IV: The Constructive Psychotherapies; 7 A Constructivist Outline of **Human Knowing Processes** 8 Constructive Metatheory and the Nature of Mental Representation9 Personal Construct Therapy and the Relation Between Cognition and Affect; 10 Cognitive Narrative Psychotherapy: The Hermeneutic Construction of Alternative Meanings; 11 An Appraisal of Constructivist Psychotherapies: Contexts and Challenges; 12 The Cognitive and Constructive Psychotherapies: Contexts and Challenges; Index; A; B; C;

## D; E; F; G; H; I; J; K; L; M; N; O; P; Q; R; S; T; U; V; W

## Sommario/riassunto

"" the entire field of psychological services is moving through a developmental transformation of significant proportions open dialogue regarding its diversity is likely to be one of its saving graces in the centuries to come."". - From the Editor's Conclusion. Updated and expanded from the Journal of Consulting and Clinical Psychology, Dr. Mahoney has assembled an impressive group of top psychologists to focus on current developments in cognitive and constructive psychotherapies. The volume traces the evolution of cognitive therapy from its origin in behavior modification through its developm