1. Record Nr. UNINA9910810971803321 Autore Davies Hilary A. Titolo The 3-point therapist / / by Hilary A. Davies Pubbl/distr/stampa Boca Raton, FL:,: Routledge, an imprint of Taylor and Francis,, [2018] ©2009 **ISBN** 1-78049-318-5 0-429-91996-4 0-429-90573-4 0-429-48096-2 1-282-78015-8 9786612780158 1-84940-813-0 Descrizione fisica 1 online resource (103 p.) Collana **UKCP** series Disciplina 616.89/156 616.8914 Soggetti Family psychotherapy - Practice Psychotherapy - Practice - Psychological aspects Psychotherapists - Psychology Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia "On behalf of the United Kingdom Council for Psychotherapy." Note generali Nota di contenuto First visit to the 3-point therapist -- Work of which you are proud --Starting to focus -- Congratulations on beginning -- I listened -- We have a choice -- Tell me your story -- I'll tell you a story -- Only if they'll meet with you -- Simply respect -- Just think the right language -- In an unexpected way -- Funny that/funny this -- Catch them unawares -- My cat-- -- And the balls -- Practice writes theory --Mad with my client -- Trust those seeds -- A specific painting in a specific way -- The families' curators -- Last visit to the 3-point therapist. Sommario/riassunto An ambitious trainee therapist, determined to make her mark in the therapy world, seeks supervision and guidance. In her meetings with the 3-Point Therapist she gains much more than she had bargained for.

The 3-Point Therapist is the charming story of one trainee's journey in

search of professional success and recognition. What she learns is unexpected and changes her predicted path. The characters and situations in this book are purely fictional but the principles, the learning and the practice points are drawn from the author's thirty years' experience working with families in different paediatric and mental health settings. The books style is light, readable and at times humorous - but the messages are strong with far-reaching effect. The trainee and her professional practice are profoundly changed for ever.