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Titolo	Short-term psychodynamic psychiatry [[electronic resource]] : an analysis of the key principles // by Penny Rawson
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Nota di contenuto	COVER; INDEX OF APPENDIX AND TABLES; INDEX OF ILLUSTRATIONS; Acknowledgements; About the author; Introduction; CHAPTER ONE: Why this book? A personal and contextual perspective; CHAPTER TWO: Setting the parameters; CHAPTER THREE: Theoretical framework and methodology; CHAPTER FOUR: Findings from the initial cycles of analysis; CHAPTER FIVE: Part One: Analysis of the emergent key themes: findings from the in-depth cycle of analysis; 5.1.1. What is understood by the phrase ""short-term""; 5.1.2. Psychodynamic roots; 5.1.3. Flexibility; 5.1.4. Activity 5.1.5. The focus in focal and short-term psychotherapy 5.1.6. The therapeutic alliance and motivation; 5.1.7. Importance of the first session; Part Two: Summary of the findings from the in-depth analysis of the key themes and provisional conclusions; CHAPTER SIX: Client commentaries: C, M and I and a complete case example: Case I; 6.1. Client C's commentary; 6.2. Client M's commentary; 6.3. Client I's complete case; 6.4. Client I's comment on the therapy experience; CHAPTER SEVEN: The analysis within the wider context of the latest thinking in the field

CHAPTER EIGHT: Inconsistency in the "universal characteristics" seen in the literature
CHAPTER NINE: Concluding chapter: Brief psychodynamic psychotherapy: A contextual framework and key principles; APPENDIX; BIBLIOGRAPHY

Sommario/riassunto

'This book concentrates on short term psychodynamic psychotherapy. It aims to discover and analyse the key principles involved. It also aims to enrich the understanding of an approach to therapy that is already of benefit to many in our community, but that could reach very many others if it were better known and understood.' - from the Introduction.
