

1. Record Nr.	UNINA9910810955403321
Autore	Winterowd Carrie
Titolo	Cognitive therapy with chronic pain patients // Carrie Winterowd, Aaron T. Beck, Daniel Gruener
Pubbl/distr/stampa	New York, : Springer, c2003
ISBN	1-281-81351-6 9786611813512 0-8261-4596-5
Edizione	[1st ed.]
Descrizione fisica	1 online resource (xiv, 376 pages) : illustrations
Altri autori (Persone)	BeckAaron T GruenerDan
Disciplina	616/.0472
Soggetti	Chronic pain - Treatment Cognitive therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references (p. 353-362) and index.
Nota di contenuto	Contents; Preface; Acknowledgments; Part I: Overview of Pain, Assessment, and Treatment Considerations; Part II: Behavioral Interventions; Part III: Cognitive Interventions; Part IV: Psychosocial Stressors to Address; Part V: Assertiveness; Part VI: Pharmacotherapy; Part VII: Preparing for the End of Therapy and Beyond; Appendix A; References; Index
Sommario/riassunto	This manual begins with an introduction to chronic, nonmalignant pain treatment and some of the main pain theories, as well as approaches to pain management . The core of the book delineates the application of Beck's cognitive therapy assessment and intervention strategies with this client population, and offers an easy-to-follow structured approach. The book provides case examples and therapist-patient dialogues to demonstrate cognitive therapy in action and illustrate ways to improve collaborative efforts between practitioners and patients.