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Nota di contenuto	Contents; Introduction; Part I: The Role of Attachment in Abuse; 1 Beginnings: Self-Building, Abuse, and Treatment; 2 The Experience of Attachment; 3 Attachment Abuse: Why We Hurt the Ones We Love; 4 Pathways to Abuse: Deficits in Attachment Skills and Affect Regulation; 5 A New Response for Clinicians in the Prevention of Emotional Abuse and Violence; 6 Compassion and Therapeutic Morality; Part II: Treating Attachment Abuse; 7 The Compassion Workshop, Module One: Healing; 8 The Compassion Workshop, Module Two: Dramatic Compassion; 9 The Compassion Workshop, Module Three: Self-Empowerment Module Four: Empowerment of Loved Ones 10 The Compassion Workshop, Module Five: Negotiating Attachment Relationships; Module Six: Moving Toward the Future; Epilogue; References; Appendix A. Pilot Evaluation of the Compassion Workshop; Appendix B. The Attachment Compassion Scale; Index; A; B; C; D; E; F; G; H; I; J; L; M; N; P; R; S; T; U; V; W
Sommario/riassunto	Attachment abuse can involve both physical and emotional violence between people in close relationships, which includes couples, parents and their children, and adult children and their aging parents, among others. Attachment abusers blame their victims for their own feelings

of shame, inadequacy, or inability to love. Dr. Stosny's innovative and integrative approach to the treatment of attachment abuse emphasizes the importance of compassion for both the abused and the abuser. This hands-on manual provides a series of treatment modules designed to teach the perpetrators and the victims how to
