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Nota di contenuto	Overview. Introduction: psychological responses to eating disorders and obesity: an overview / Julia Buckroyd and Sharon Rother -- The many meanings of food and their impact on eating behaviour / Jane Ogden -- Anorexia nervosa. Using an evidence-based approach to develop new tailored treatment for anorexia nervosa / Carolina Lopez ... [et al.] -- Eating disorders: breaking the intergenerational cycle through group therapy: the effects of the group experience / Sarah Barnett, Julia Buckroyd and Karen Windle -- Bulimia nervosa. Current thinking on working with people with bulimia nervosa and bulimic disorders / Glenn Waller -- Addressing emotions in the eating disorders: schema mode work / Emma Corstorphine -- Obesity and binge eating. Psychological group treatment for obese women / Julia Buckroyd and Sharon Rother -- Food for the soul: social and emotional

origins of comfort eating in the morbidly obese / Patricia Goodspeed Grant -- Cognitive behaviour group therapy for obesity and binge eating disorder / Saskia Keville ... [et al.] -- A feminist, psychotherapeutic approach to working with women who eat compulsively / Colleen Heenan -- Changes in eating behaviour following group therapy for women who binge eat: a pilot study / Deborah Seamoore, Julia Buckroyd and David Stott.

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#### Sommario/riassunto

Julia Buckroyd is Professor of Counseling at the University of Hertfordshire and Director of the Obesity and Eating Disorders Research Unit. The Unit was established in 2005 and focuses on the development of psychological responses to disordered eating of all kinds. She trained first as a counsellor and then as a psychotherapist and has worked clinically in the field of eating disorders since 1984. Her interest in obesity grew out of her work with eating disordered young women and she has brought to it many of the psychological perspectives current in that field. She began carrying out research

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