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Titolo	Wellbeing in later life // edited by Thomas B.L. Kirkwood and Cary L. Cooper
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Collana	Wellbeing : a complete reference guide ; ; volume IV
Altri autori (Persone)	KirkwoodT. B. L CooperCary L
Disciplina	305.26
Soggetti	Older people Aging Well-being
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	part 1. Longevity and wellbeing -- part 2. Factors influencing wellbeing -- part 3. Wellbeing at the end of life -- part 4. Comparative perspectives on wellbeing.
Sommario/riassunto	Well being in Later Life uses the latest research from a variety of disciplines to address and correct common myths and misconceptions about aging. Covers topics ranging from biological mechanisms that affect aging to lifestyle, attitudes, and social factors Examines the challenges of humanity's increasing life expectancy and includes recommendations for maintaining and enhancing well being in later life Makes meaningful connections between research and practice to link aspects of aging which have previously been considered separate Part of the six-volume