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Sommario/riassunto	Instead of scouring the Internet for ways in which to treat nagging aches and pains, let our comprehensive, three-panel guide be your one-stop resource. Several types of pains are discussed, based on location in the body, along with helpful methods to treat and prevent each one, including instances when you should seek the care of a physician. Our handy format allows you to access treatment information quickly, when you need it most, and also includes tables featuring symptoms and medication comparisons for easy reference.