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| Nota di contenuto | <p>""CARDIAC REHABILITATION ""; ""CARDIAC REHABILITATION"";</p> <p>""Contents ""; ""Preface ""; ""Postural Blood Pressure Dysregulation and Dementia: Evidence for a Vicious Circle, and Implications for Neurocardiovascular Rehabilitation ""; ""1. Introduction""; ""2. Age-Related Changes in Vascular Responses ""; ""3. Postural Blood Pressure Dysregulation in Age-Associated Neurological Disorders""; ""3.1. Dementia and Blood Pressure Dysregulation ""; ""3.2. Alzheimer's Disease ""; ""3.3. Vascular Dementia ""; ""3.4. Dementia of Lewy Bodies ""; ""3.5. Parkinson's Disease ""</p> <p>""3.6. Multiple System Atrophy """"3.7. Huntington's Disease ""; ""4. Management ""; ""5. Conclusions""; ""References ""; ""Cardiac Rehabilitation in Women""; ""Abstract ""; ""Introduction""; ""Gender Differences Related to CVD in women ""; ""Aims of Cardiac Rehabilitation ""; ""Components of Cardiac Rehabilitation ""; ""Benefits of Cardiac Rehabilitation ""; ""Barriers of Cardiac Rehabilitation ""; ""Future Suggestions ""; ""References ""; ""Effects of Exercise on the Prevention and Rehabilitation of Diastolic Heart Failure""; ""Abstract ""; ""Introduction""</p> <p>""Diastolic Heart Failure - Definitions and Pathophysiology of Exercise Intolerance""""Exercise Training in Heart Failure ""; ""Conclusion ""; ""References ""; ""Does Treating Hypertension in the Very Elderly Equally Reduce Mortality in all Subgroups""; ""Abstract ""; ""1. Introduction""; ""2. The Evidence""; ""3. Concerns about the Treatment of Hypertension</p> |

in the Very Elderly"; "3.1. Dementia "; "3.2. Depression "; "3.3. Cardiovascular Diseases"; "3.4. Carotid Stenosis"; "3.5. Blood Pressure Target "; "3.6. Isolated Systolic Blood Pressure "; "3.7. Pulse Pressure "

"3.8. Postural Hypotension""4. Treatment and Rehabilitation"; "4.1. Pharmacological Management "; "4.2. Non-Pharmacological Management "; "5. Conclusions "; "References "; "Cardiac Rehabilitation"; "Definition of Cardiac Rehabilitation "; "Cardiac Rehabilitation as a Comprehensive Intervention "; "Clinical Indications for Cardiac Rehabilitation "; "Contra-Indications "; "Benefit versus Safety Aspects of Regular Physical Exercise Therapy in Secondary Prevention "; "Program Components of Cardiac Rehabilitation "; "1) First visit: Medical evaluation "

"2) Exercise therapy in cardiovascular diseases ""3) Education and counselling "; "Dietary Counselling "; "Smoking Cessation"; "Psychological Risk Factors and Behavioural Support Depression "; "Anxiety"; "Personality Factors, Character Traits "; "Life stress "; "Social Isolation"; "Sexual Problems "; "Vocational Counselling "; "4) Medical evaluation during/at the end of cardiac rehabilitation"; "References "; "Metabolic Syndrome, Myocardial Aging, and Diastolic Heart Failure: Related Mechanisms and Implications for Cardiac Rehabilitation "; "Abstract"

"1. Introduction "
