

1. Record Nr.	UNINA9910810369203321
Autore	Lawrence Denis
Titolo	Building self-esteem with adult learners // Denis Lawrence
Pubbl/distr/stampa	London, : Paul Chapman, 2000
ISBN	1-4462-2394-9 1-283-87955-7 0-7619-5474-0 1-4462-6405-X
Edizione	[1st ed.]
Descrizione fisica	1 online resource (xix, 104 p.)
Disciplina	374.0019
Soggetti	Self-esteem Adult education - Psychological aspects Learning, Psychology of
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p.101) and index.
Nota di contenuto	Cover; Contents; List of figures; Foreword; Preface; Acknowledgements; Introduction; Chapter 1 - The Self-Concept; Chapter 2 - The Student's Personality; Chapter 3 - The Student with Special Educational Needs; Chapter 4 - Assessing Progress and Maintaining Motivation; Chapter 5 - Developing the Skills; Chapter 6 - The Tutoring Session; Chapter 7 - The Self-Esteem Enhancement Programme; Chapter 8 - Developing a Positive Lifestyle; Selected Bibliography; Index
Sommario/riassunto	Research shows that self-esteem is a major factor in learning outcomes, particularly for adult learners engaged on courses to improve literacy skills. This text provides the theory and practical techniques to raise students' self-esteem.