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Nota di contenuto	Intro -- Printmaking as Therapy: Frameworks for Freedom -- Contents -- Acknowledgements -- Introduction -- Chapter 1 Why Choose Printmaking for Art Therapy? -- Product, process and person -- Variety of expression: lines and shapes -- Therapeutic distance -- Sustaining a vision -- Structure and containment -- Selection of an appropriate process -- Chapter 2 A Brief History of Printmaking -- Printmaking is basic -- Connection between materials and function -- Relief processes: stamps, woodcuts -- Intaglio processes: engraving, etching -- Planographic (surface) processes: lithographs, monotypes -- Screen processes: stencil, silk screen -- Contemporary processes -- Chapter 3 General Information -- Creating and holding a place to print -- Teaching a skill -- Archiving: signing and editioning -- Mixing printmaking and other art media -- Therapeutic discussion of prints -- Indirect process -- Underestimating artistic potential -- Ratings for techniques -- Chapter 4 Relief Printing and Stamping: Focus on the Process -- Relief printing: the very beginning -- Instructions for finger or thumb printing -- Stamp printing: focus on process -- General set up for stamp printing -- Instructions for stamp printing from found objects -- Commercially available stamps -- Instructions for making your own stamps -- Instructions for fabric printing -- Artistic and clinical applications -- Chapter 5 Relief Printing Plates -- Instructions

for Styrofoam tray printing: process for line drawings -- Artistic and clinical considerations -- Commercially available relief plates -- Instructions for collagraph relief plates -- Instructions for simple one-session collagraph relief plates -- Instructions for two-session collagraph relief plates -- Instructions for glue plates -- Artistic and clinical considerations -- Chapter 6 Intaglio Processes: Focus on Lines -- Focus on lines.

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Sommario/riassunto

The author explores the therapeutic advantages of printmaking. She also describes its roots outside art therapy. Relief printing, intaglio, planographic or surface processes, and stencilling are all covered in detail, with many ideas for incorporating them into art therapy sessions.
