

1. Record Nr.	UNINA9910810315903321
Titolo	Mindfulness and acceptance for treating eating disorders and weight concerns : evidence-based interventions / / edited by Ann F. Haynos. [and three others]
Pubbl/distr/stampa	Oakland, California : , : Context Press, , 2016 ©2016
ISBN	1-62625-270-X
Descrizione fisica	1 online resource (255 pages)
Disciplina	616.852606
Soggetti	Eating disorders - Treatment Eating disorders - Social aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.