Record Nr. UNINA9910810267303321 Autore Bentley Katrin <1960-> Titolo Alone together: making an Asperger marriage work / / Katrin Bentley; foreword by Tony Attwood London; ; Philadelphia, : Jessica Kingsley Publishers, 2007 Pubbl/distr/stampa **ISBN** 1-281-10537-6 9786611105372 1-84642-623-5 1-4356-0278-1 Edizione [1st ed.] Descrizione fisica 1 online resource (132 p.) 362.196/8588320092 Disciplina В Soggetti Asperger's syndrome - Patients Asperger's syndrome - Patients - Family relationships People with mental disabilities - Marriage Lingua di pubblicazione Inglese Materiale a stampa **Formato** Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references. FRONT COVER; Title Page; Contents; FOREWORD BY TONY ATTWOOD; Nota di contenuto PREFACE; ACKNOWLEDGEMENTS; THE CACTUS AND THE ROSE; 1. Becoming Aware of Asperger's Syndrome; 2. Meeting the Handsome Stranger; 3. The Wedding; 4. The First Real Argument: I Married You for Fun, Not for Problems; 5. Travelling to Australia: The White Board; 6. The Honeymoon: Rigid Thinking!; 7. Sexuality, Intimacy and Love; 8. Making Friends; 9. Starting a Family: Empathy and Theory of Mind; 10. Babies and New Mothers are Unpredictable: Coping with Change: 11. Arguments Need to be Resolved: Being Married to a Non-Communicator 12. A Family Requires Teamwork13. The 'Girlfriend'; 14. Dealing with Sickness: Associative Thinking Causes Stress; 15. The Car Accident: Dizzy Spells can be Fatal!; 16. Being There in Body but Not in Soul: Alone Together; 17. The Energy Theory: My Way of Dealing with Tantrums; 18. Bringing up Champions: How to Handle Criticism; 19. A

Good Day Turns Bad in a Matter of Seconds: How We Fix Arguments;

20. How a Diagnosis Helps: R

Sommario/riassunto

'A really honest and accurate account of what it is like living in a relationship with a man who is affected by Asperger syndrome. There will be something in this book for any one living in such a relationship and it will provide an invaluable guide to professionals who wish to develop their understanding of Asperger relationships. Katrin describes very honestly both the ups and downs of living with her husband Gavin and shows the difference that awareness, understanding and commitment can m