

1. Record Nr.	UNINA9910810178203321
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Titolo	The handbook of gestalt play therapy : practical guidelines for child therapists // Rinda Blom ; foreword by Hannie Schoeman
Pubbl/distr/stampa	London, : Jessica Kingsley, 2006
ISBN	1-280-73819-7 9786610738199 1-84642-537-9
Edizione	[1st ed.]
Descrizione fisica	1 online resource (250 p.)
Classificazione	77.84
Disciplina	618.92891653
Soggetti	Adolescent psychotherapy Child psychotherapy Gestalt therapy Play therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	The Handbook of Gestalt Play Therapy; Contents; Foreword; Preface; Part One Introduction to Gestalt Play Therapy; Chapter 1 Theoretical Perspective of Gestalt Play Therapy; Part Two Gestalt Play Therapy in Practice; Chapter 2 Building a Therapeutic Relationship, Assessment and Treatment Planning; Chapter 3 Contact-making and Building Self-support in Children; Chapter 4 Emotional Expression; Chapter 5 Self-nurturing, Addressing the Inappropriate Process and Termination; Part Three Gestalt Play Therapy with Grieving, Traumatized and HIV/AIDS Children Chapter 6 Gestalt Play Therapy with Grieving and Traumatized Children Chapter 7 Gestalt Play Therapy with HIV/AIDS Children in Middle Childhood Years; Part Four Appendices; Appendix 1: Summary of Aspects that Should Be Addressed During Each Stage of the Gestalt Play Therapeutic Process; Appendix 2: Horizontal and vertical development of gestalt play therapy; Appendix 3: Assessment and Treatment Planning of Children; Appendix 4: Checklist for Things that the Child Lost when the Divorce Happened; About the Author; Subject Index; Author Index

Sommario/riassunto

The Handbook of Gestalt Play Therapy provides the reader with an explanation of gestalt theory, a practical explanation of the gestalt play therapy model and also a wide range of play techniques that can be applied during each phase of the therapy process. It features case studies throughout which illustrate how the techniques work in practice.
