Record Nr. UNINA9910810106403321 Autore Crawford Kerry F. Titolo The PhD parenthood trap: caught between work and family in academia / / Kerry F. Crawford and Leah C. Windsor Washington, District of Columbia: .: Georgetown University Press. . Pubbl/distr/stampa [2021] ©2021 **ISBN** 1-64712-067-5 Edizione [1st ed.] Descrizione fisica 1 online resource (xi, 257 pages): illustrations Disciplina 378.12082 Soggetti Women in higher education - United States - Social conditions Women graduate students - United States - Social conditions Women college teachers - United States - Social conditions Working mothers - United States Work-life balance - United States Work and family - United States Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Includes bibliographical references and index. Nota di bibliografia Nota di contenuto Surviving or Thriving? The State of Parenthood in the Academy --Thesis Baby: Getting Student-Parents the Support they Need -- How to Scale the Ladders While Sidestepping the Chutes: On Parenting without the Security of Tenure -- The Elusive Work-Life Balance : Daily Challenges in Academic Parenting -- Doctor, Parent: Recognizing the Range of Experiences -- Sick and Tired: The Physical Toll of Parenthood -- Love, Loss, and Longing: Fertility Struggles, Adoption, Miscarriage, and Infant/Child Loss -- Express Yourself: Breastfeeding and Lactation in the Ivory Tower -- Looking Back, Moving Forward: Conversation Starters for a More Inclusive Academic Environment Sommario/riassunto "The PhD Parenthood Trap gives voice to the struggles lived by parents in academia and identifies avenues to better approaches. Kerry F. Crawford and Leah C. Windsor present insights from original survey data and vignettes that they have collected from scholars across disciplines. Topics include pregnancy, miscarriage and infant loss,

family leave, breastfeeding, daily parenting challenges, and more. The

authors have found that universities and their departments are displaying a lack of understanding, uniform policies, support, and flexibility for family formation and parenting, which is hurting the career development of parent-scholars, especially women. The authors conclude each chapter with recommendations for best practices and needed changes in order to make academia an exemplar of progressive family leave policies. The PhD Parenthood Trap is a rallying cry for parents in academia and it also seeks to educate university and department administrators in order to encourage meaningful change"--