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Nota di contenuto	Book Cover; Title; Copyright; Contents; Series preface; Preface; Acknowledgements; Chapter 1 Personal construct psychotherapy: forerunner of constructivist psychotherapies; Chapter 2 Psychological constructivism and constructivist trends in psychotherapy; Chapter 3 A constructivist understanding of the person; Chapter 4 The therapist's understanding of the client; Chapter 5 The therapist's construction of the client's narrative; Chapter 6 An ontological venture: the psychotherapy process; Glossary; References; Author index; Subject index
Sommario/riassunto	Psychotherapy has undergone major changes in recent years, with a variety of new approaches including cognitive-behavioural therapy joining the more traditional and widespread schools of thought. These new approaches all share the epistemological assumption of constructivism, which states that there are alternative ways of looking at events and that we interpret events according to how we see the world. Constructivist Psychotherapy reviews the constructivist trends in psychotherapy which link these new approaches, allowing the reader to

enter an entirely new dialogue.
