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Nota di contenuto	COVER; Counselling Adult Survivors of Child Sexual Abuse; CONTENTS; PREFACE TO THE THIRD EDITION; Chapter 1 Understanding Child Sexual Abuse; Myths; Defining CSA; Historical perspective of CSA; Cultural practices in CSA; Spectrum of CSA acts; Grooming of children and other adults; Incidence of CSA; Victims of CSA; Perpetrators of CSA; Dynamics associated with CSA; Conclusion; Chapter 2 The Impact and Long-term Effects of Child Sexual Abuse on Adult Survivors; Impact of CSA on the child; Factors associated with the impact of CSA; Long-term effects of CSA; Conclusion Chapter 3 Understanding Adult Survivors of Child Sexual AbuseIntroduction; Understanding the impact of CSA on the developing self; Understanding family dynamics in CSA; Understanding the fear of the cycle of abuse; Understanding difficulties surrounding disclosure; Understanding transference; Understanding counter-transference; Understanding the long-term effects of CSA; Understanding relationships with partners; Understanding power and control dynamics; Understanding behavioural effects; Understanding cognitive effects; Understanding physical effects; Understanding sexual effects Recurring themes in the therapeutic processChapter 4 Working with

Adult Survivors of Child Sexual Abuse; Introduction; Range of treatment modalities; Duration of treatment; Range of treatment approaches; Aims of treatment; Initial assessment of therapeutic needs; Therapeutic stance; Therapeutic setting; Transference and counter-transference; Phases of the therapeutic process; Conclusion; Chapter 5 Working with Child Sexual Abuse and Trauma; Introduction; Components of trauma; The body's way of coping with fear; Neurobiology and CSA; Post-traumatic stress disorder

Traumagenic dynamics of the impact of CSA Working with adult survivors of CSA and trauma; Conclusion; Chapter 6 Working with Child Sexual Abuse and Dissociation; Introduction; Relationship between trauma and dissociation; Relationship between dissociation and PTSD; Nature of dissociation; Continuum of dissociation; Diagnostic criteria for dissociative disorders; Somatoform disorders and CSA; Types of dissociation; Relationship between dissociation, trauma and CSA; Consequences of dissociation during and following CSA; Working with survivors with dissociative features; Aims of therapy

The therapeutic relationship Grounding techniques; Conclusion; Chapter 7 Working with Child Sexual Abuse and Memory; Introduction; The dynamic nature of memory; Factors implicated in forgetting; Autobiographical memory; The relationship between emotion and memory; The nature of traumatic memories; Working with memory and CSA; Therapeutic interventions to facilitate memory recall; Working with recovered memories; Conclusion; Chapter 8 Working with Child Sexual Abuse and Self-harm; Introduction; Range of self-harming behaviours; Self-injury; CSA and eating disorders; CSA and substance abuse Conclusion

Sommario/riassunto

This updated and expanded edition provides comprehensive coverage of the theory and practice of counselling survivors of child sexual abuse (CSA). In a reasoned and thoughtful approach, this book honestly addresses the complex issues in this important area of work, providing practical strategies valuable and new insights for counsellors.
