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Autore	Lippitt John
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Introduction : how should I love myself? -- Cracking the mirror : friendship and the problem of self-love -- Self-love in Works of love : explicit references -- The problem of special relationships : self-love's wider context -- Another take on self-love : an excursus on Harry Frankfurt -- Love's blank cheques : on self-denial and its limitations -- Towards a more positive account of self-love I : trust and hope -- Towards a more positive account of self-love II : self-forgiveness and self-respect -- An immodest proposal : a coda on rehabilitating pride -- Summary and conclusion.
Sommario/riassunto	The problem of whether we should love ourselves - and if so how - has particular resonance within Christian thought and is an important yet underinvestigated theme in the writings of Søren Kierkegaard. In Works

of Love, Kierkegaard argues that the friendships and romantic relationships which we typically treasure most are often merely disguised forms of 'selfish' self-love. Yet in this nuanced and subtle account, John Lippitt shows that Kierkegaard also provides valuable resources for responding to the challenge of how we can love ourselves, as well as others. Lippitt relates what it means to love oneself properly to such topics as love of God and neighbour, friendship, romantic love, self-denial and self-sacrifice, trust, hope and forgiveness. The book engages in detail with Works of Love, related Kierkegaard texts and important recent studies, and also addresses a wealth of wider literature in ethics, moral psychology and philosophy of religion.

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