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Nota di contenuto	ch. 1. A walk around the perimeter of OCD -- ch. 2. Getting to know OCD -- ch. 3. Putting the pieces of OCD together -- ch. 4. How OCD affects the person -- ch. 5. It all starts with the brain -- ch. 6. Helping to manage the conflict -- ch. 7. Putting it all together -- ch. 8. For those wanting to go the second mile.
Sommario/riassunto	Examine the fourth largest mental health problem in America?OCD?and how YOU can help!Since obsessive-compulsive disorder affects 2.5% of the world population, someone you know is likely to have this disorder. Obsessive-Compulsive Disorder: A Guide for Family, Friends, and Pastors is a handy ?physician's assistant? that not only provides a fresh overview of OCD but also focuses on the issue of scrupulosity? obsessive-compulsive anxiety over scruples in self and others?as a religious issue. Written by a pastoral counselor who is also a clinical social worker, this book will help you g