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Sommario/riassunto

Addressing the needs of America's most underserved areas for mental health services, Rural Mental Health offers the most up-to-date, research-based information on policies and practice in rural and frontier populations. Eminent clinicians and researchers examine the complexities of improving mental health in rural practice and offer clear recommendations which can be adapted into current practice and training programs. They bring an incisive lens to factors that contribute to mental illness and prevent access to treatment areas. These include limited resources, reliance on urban models and ass