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Sommario/riassunto	This new book from the award-winning author of Psychology and Adult Learning puts the spotlight on the kind of learning that brings about significant personal change. Tennant explores the techniques, processes, and practices educators can use to promote learning that leads to change and examines assumptions about self and identity, how we are formed, and our capacity for change. Throughout the book, Tennant posits that individuals can be agents in their own self- formation and change by understanding and acting on the circumstances and forces that surround and shape them. Educat