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Sommario/riassunto	In Terror Management Theory: A Practical Review of Research and Application , Robert B. Arrowood and Cathy R. Cox discuss relevant research from an experimental, existential psychology tradition. Outlining the past thirty years of research within terror management, the authors discuss such topics as religion, close relations, politics and law, existential growth, and physical and mental health. Although the inevitable outcome of all humanity is death, according to terror management theory, we adhere to cultural worldviews and establish close relations in order to boost our self-esteem. Through these defences, we deny our death and attain a degree of immortality, staving off existential fear by being part of an enduring cultural system that will outlive any individual member.