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Nota di contenuto	Separation from caregivers -- Sameness -- Guilt -- Separation during childhood and adolescence -- Shame -- Silence -- Separation from adults (acquaintances, friends & lovers) -- Resistance and freedom -- Afterword -- Notes -- About the authors -- About the contributors -- A reader's guide for self-reflection.
Sommario/riassunto	By beginning a conversation that encourages self-examination and compassion, Combined Destinies invites its readers to look at how white Americans have been hurt by the very ideology that their ancestors created. Editors Ann Todd Jealous and Caroline T. Haskell, both experienced psychotherapists skilled at facilitating dialogue about racial issues, are cognizant of the challenges that even the thought of such conversations often presents. Their book is based on the premise that for positive and lasting change to occur, it is necessary to open hearts as well as minds. This courageous anthology