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Nota di contenuto	Part I. The situational analysis. Chapter 1. The impact of COVID-19 ; Chapter 2. Leveraging agility ; Chapter 3. The significance of self-awareness ; Chapter 4. Embracing ambiguity ; Chapter 5. Essential skills -- Part II. The training program. Chapter 6. The embracing ambiguity training program ; Chapter 7. Essential skill 1: Accept the existence and permanence of chaos ; Chapter 8. Essential skill 2: Challenge assumptions to think differently ; Chapter 9. Essential skill 3: Connect and empower others ; Chapter 10. Essential skill 4: Demonstrate a strong work ethic ; Chapter 11. Essential skill 5: Experiment with your life ; Chapter 12. Essential skill 6: Get comfortable in uncomfortable situations ; Chapter 13. Essential skill 7: Manage stress and anxiety ; Chapter 14. Essential skill 8: Understand the role of nuance ; Chapter 15. Essential skill 9: Remain open to the unfolding of life ; Chapter 16. Essential skill 10: Remind yourself destiny is a matter of choice ; Chapter 17. Conclusion.
Sommario/riassunto	This book fills a tremendous need in today's chaotic marketplace by providing a timely, impactful, and relevant self-directed training program designed to enhance the essential skills employees need to

embrace the ambiguity of a postpandemic world. In today's dynamic, hyper-competitive, and ever-changing global economy organizations need to make investing in the personal growth and professional development of its employees a strategic imperative. Doing so requires organizations to think differently about training its workforce, adapt new strategies of employee engagement, and create a more agile approach to human capital management. Since the new reality is that life in a postpandemic world will look different than it did prior to the global health care crisis employees should be encouraged to engage in a self-directed training program to enhance their future potential. Such a program provides employees with the opportunity to learn at their own pace, in a safe environment, and at a convenient time of day. By shifting the focus of control over to the employee, individuals maintain the self-determination required to identify, develop, and enhance the essential skills necessary to embrace the ambiguity in a postpandemic world. By engaging in self-directed learning employees will increase their self-awareness, further their sense of the world around them, and reflect on the intersection of the two.
