Record Nr. UNINA9910809360003321 Young adult mental health / / edited by Jon E. Grant and Marc N. **Titolo** Potenza Pubbl/distr/stampa Oxford, [England];; New York, New York:,: Oxford University Press,, 2010 ©2010 **ISBN** 0-19-026197-8 0-19-971571-8 Descrizione fisica 1 online resource (459 p.) Disciplina 616.8900835 Soggetti Young adults - Mental health Adolescent psychiatry Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Includes bibliographical references and index. Nota di bibliografia Contents; Contributors; Introduction; 1. Development in the Transition Nota di contenuto to Adulthood: Vulnerabilities and Opportunities; 2. Adolescence: On the Neural Path to Adulthood; 3. Risk-Taking Behaviors across the Transition from Adolescence to Young Adulthood; 4. Impact of Childhood Mental Health Problems; 5. College and Career; 6. Gender Issues: Modern Models of Young Male Resilient Mental Health; 7. Cultural and Ethnic Considerations in Young Adult Mental Health; 8. Body Image: 9. Coping with Stress and Trauma in Young Adulthood Intimate Romantic Relationships in Young Adulthood: A Biodevelopmental Perspective 11. Marriage in Young Adulthood; 12. Developmental Pathways to Parenting; 13. Barriers to Mental Health Service Use in Young Adulthood; 14. Psychiatric Disorders in Young Adults: Depression Assessment and Treatment; 15. Anxiety Disorders; 16. Obsessive-Compulsive Disorder in Young Adults; 17. Tobacco Use and Nicotine Dependence; 18. Alcohol Use Disorders in Young Adulthood; 19. Drug Use Disorders among Young Adults: Evaluation and Treatment; 20. Impulse Control Disorders

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| Sommario/riassunto | This title provides researchers and clinicians with a clear understanding of the developmental, clinical, and socio-cultural features of mental health unique to young adults, and how this developmental period influences critical assessment and treatment. |