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	Autore	Smith Maggie Yaxley
	Titolo	Finding love in the looking glass : a book of counselling case stories / / Maggie Yaxley Smith
	Pubbl/distr/stampa	London : , : Routledge, , 2018
	ISBN	0-429-91377-X
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	Edizione	[1st ed.]
	Descrizione fisica	1 online resource (225 p.)
	Disciplina	158.3
	Soggetti	Counseling
		Self-actualization (Psychology)
		Anorexia
		Depression, Mental
		Cocaine abuse
	Lingua di pubblicazione	Inglese
	Formato	Materiale a stampa
	Livello bibliografico	Monografia
	Note generali	These case stories show what can be achieved in counselling and how the counselling relationship can enable people to change their lives. All characters in these stories are entirely fictitious. The writer creates and develops the characters, drawing from her considerable experience as a counsellor, and shows how she would use her particular style of brief, humanistic counselling with them -- Page xii.
	Nota di bibliografia	Includes bibliographical references (pages 194-200) and index.
	Nota di contenuto	COVER; CONTENTS; ACKNOWLEDGEMENTS; ABOUT THE AUTHOR; Introduction; CASE ONE Lan-li's story: finding love in the looking glass; CASE TWO Shirley and David's story: finding the heart; CASE THREE Michael's story: finding the joy; CASE FOUR Karen's story: finding a reason to live; APPENDIX Useful books, articles, and websites; INDEX
	Sommario/riassunto	Never has there been such a hunger to understand relationships, both with our self and with others, and this book contains valuable insights into the fascinating and dynamic dialogues between clients and their counsellor. Although the clients presented here are entirely fictitious,

they become real and easy to connect with as the reader is taken deeper into the unfolding intimacy of the counselling room. A variety of interventions are used but what is most instrumental in empowering the clients is the relationship that develops with themselves. These clients show us how we can successfully ove