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	Nota di contenuto	Foreword; Acknowledgments; Introduction; PART I-Trauma; Chapter. 1-Understanding Trauma and the Prevalence of the Not-OK; Chapter. 2-The Manifestation of ACE's in the Classroom; PART II-Self-Awareness; Chapter. 3-Cement Shoes: Staying True to Who You Are; Chapter. 4-Stay Out of Oz: Remaining Grounded Amid Chaos; Chapter. 5-When in Doubt, Shut Your Mouth and Take a Breath; Chapter. 6-It's Not About You; PART III-Relationship; Chapter. 7-No One Said Relationship Is Easy; Chapter. 8-The Power of Relationship; Chapter. 9-Names, Labels, and the Need for Control Chapter. 10-Doors and Windows: Remembering to Explore All OptionsPART IV-Belief; Chapter. 11-Forever Changed, Not Forever Damaged; Chapter. 12-It's OK to Be Not-OK; Chapter. 13-Don't Let Fear Drive the Bus; PART V-Live, Laugh, Love; Chapter. 14-Grace; Chapter. 15-The Cookie Jar: The Art of Giving Praise (and Self-Praise); Chapter. 16-The Self-Care Challenge; References; Appendix: Further Reading; Index; About the Authors; Related ASCD Resources
	Sommario/riassunto	This book explores an urgent and growing issue--childhood trauma--and its profound effect on learning and teaching. It can help educators

cultivate a trauma-sensitive learning environment for students across all content areas, grade levels, and educational settings.