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Sommario/riassunto	Colorism is defined as ""discriminatory treatment of individuals falling within the same 'racial' group on the basis of skin color."" That is, some people, particularly women, are treated better or worse on account of the color of their skin relative to other people who share their same racial category. Colorism affects Asian Americans from many different backgrounds and who live in all different parts of the United States. Is Lighter Better? discusses this often-overlooked topic. Rondilla and Spickard ask important questions like: what are the colorism issues that

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