

1. Record Nr.	UNINA9910809022403321
Titolo	Treatment of depression in adolescents and adults // edited by David W. Springer, Allen Rubin, and Christopher G. Beevers
Pubbl/distr/stampa	Hoboken, N.J., : Wiley, 2011
ISBN	1-283-02649-X 1-118-09475-1 1-118-01540-1 9786613026491 1-118-01538-X
Edizione	[1st ed.]
Descrizione fisica	1 online resource
Collana	Clinician's guide to evidence-based practice series ; ; 4
Classificazione	493.764 493.937 616.85/2700835
Altri autori (Persone)	RubinAllen BeeversChristopher G
Disciplina	616.85/2700835
Soggetti	Depression in adolescence - Treatment Evidence-based medicine
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes bibliographical references and indexes
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Treatment of Depression in Adolescents and Adults -- Contents -- Series Introduction -- Acknowledgments -- About the Editors -- About the Contributors -- 1 Introduction: Evidence-Based Practice for Major Depressive Disorder -- 2 Cognitive Behavior Therapy Treatment for Adolescents -- 3 Cognitive Behavior Therapy for Depressed Adults -- 4 Behavioral Activation for Depression -- 5 Cognitive Behavioral Analysis System of Psychotherapy for Chronic Depression -- 6 One Size Does Not Fit All: Cultural Considerations in Evidence-Based Practice for Depression -- Afterword -- APPENDIX A: Research Providing the Evidence Base for the Interventions in This Volume -- APPENDIX B: The Evidence-Based Practice Process -- Professional Resources and Recommended Reading -- Author Index -- Subject Index -- Study Package Continuing Education Credit Information.
Sommario/riassunto	"Mental health practitioners are increasingly forced to use evidence-

based practices by third-party providers. However, studies have shown practitioners rarely use evidence-based practices because of difficulties obtaining training and expertise. This volume in the Clinician's Guide to Evidence-Based Practice Series provides clinicians with a beginning level of understanding in evidence-based practice for depression in a manner that fits clinician time constraints. Forgoing the typical academic approach for a more user-friendly "how-to" and "what-now" style, the book is an easy-to-use and essential resource for practitioners and students-in-training"--

---