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	 Mutual Exchange Within Skipped Generation Households: How Grandfamilies Support One Another 9 Formal Social Support: Promoting Resilience in Grandparents Parenting Grandchildren10 Social and Personal Resources of Grandmother Caregivers After Grandchildren Are Grown; PART III Strength-Based Interventions with Grandparent Caregivers; 11 Orienting to the Positive: A Practice Framework for Grandparent Caregiving; 12 Skip Generations: A Strength-Based Mentoring Program for Resilient Grandparent Caregivers; 13 Challenges in Translating an Evidence-Based Health Self-Management Intervention for Grandparent Caregivers 14 Promoting Resilience: Counseling Grandparents to Raise Effective Grandchildren15 Resiliency and Custodial Grandparents: Recognizing and Supporting Strengths; 16 Promoting Family Empowerment Among African American Grandmothers Raising Grandchildren; Epilogue; Index
Sommario/riassunto	The study of grandparents raising grandchildren, now almost two decades old, has tended to have a negative bias, emphasizing the difficulties such people face and the negative impact that grandparent caregiving has on them physically, socially, and emotionally. This edited book seeks to reverse this trend by taking a positive approach to understanding grandparent caregivers, focusing on their resilience and resourcefulness. This method reflects a strengths-based approach and the importance of benefit-finding and positive coping. Chapters feature information from both qualitative and quantit