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| Nota di contenuto | Intro -- Summary -- Letter from June Hunt -- Introduction -- Chapter 1: Definitions -- What Is Dependency? -- What Is Codependency? -- What Are Common Codependent Relationships? -- What Is Biblical Dependency? -- Chapter 2: Characteristics of Codependency -- Who Are Codependent People? -- What Is a Codependent Relationship? -- Take the Codependency Checklist Test -- Chapter 3: Causes of Codependency -- What Causes Codependency to Develop in Children? -- What Causes Repeated Cycles of Codependency? -- What Is the Most Dangerous Dependency? -- What Is the Root Cause of Codependency? -- Chapter 4: Steps to Solution -- Recovery Step #1: Confront Your Own Codependency -- Recovery Step #2: Look at Your Past Love Addictions -- Recovery Step #3: Get on the Road to Interdependent Relationships -- Recovery Step #4: Find the Road to Freedom -- Scriptures to Memorize -- Notes -- Selected Bibliography -- Other Hope For The Heart Titles -- Copyright. |