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Titolo	Understanding chronic kidney disease [[electronic resource] ] : a guide for the non-specialist / / Robert Lewis
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Nota di contenuto	Cover; Prelims; Contents; About the author; Chapter 1 Why chronic kidney disease has become such an important issue; Chapter 2 The definition and classification of CKD; Chapter 3 Normal kidney function and what goes wrong in CKD; Chapter 4 Estimated GFR: Is it a good measure of renal function?; Chapter 5 Tests for Proteinuria: What do they all mean?; Chapter 6 CKD as a marker of cardiovascular risk; Chapter 7 Kidney function in older people: CKD or benign decline?; Chapter 8 The first step in management: Establishing the cause of CKD Chapter 9 Preventing progression of CKD: Hypertension and ACE-inhibitors Chapter 10 When renal function takes a dip; Chapter 11 Long-term systemic effects of CKD: Blood and bones; Chapter 12 Diet and nutrition in CKD; Chapter 13 Managing heart disease in the context of CKD; Chapter 14 Diabetes and renal disease; Chapter 15 Fertility and pregnancy in the context of CKD; Chapter 16 Medicines management in CKD; Chapter 17 When all else fails: Management of end-stage kidney disease; Chapter 18 Symptom control and end-of-life care in CKD; Chapter 19 Management and referral: A quick reference summary Index
Sommario/riassunto	Since 2006, the management of chronic kidney disease (CKD) has become part of routine primary care practice. This book offers primary

care practitioners a clinically based, practical understanding of how to diagnose and manage kidney disease (and what this means for the patient). It also fills the gap between the recent plethora of guidelines, protocols and recommendations on CKD and the questions patients ask in everyday clinical practice. Armed with this deeper understanding, healthcare professionals without specialist training in nephrology will be sufficiently informed to be able to manage

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