

1. Record Nr.	UNINA9910808816103321
Autore	Kozlowski Lynn T
Titolo	Cigarettes, nicotine, & health : a biobehavioral approach // Lynn T. Kozlowski, Jack E. Henningfield, Janet Brigham
Pubbl/distr/stampa	Thousand Oaks, Calif., : Sage, c2001
ISBN	9780803959460 080395946X 9781452232669 1452232660 9781452264325 1452264325
Edizione	[1st ed.]
Descrizione fisica	1 online resource (xi, 192 p.) : ill
Collana	Behavioral medicine and health psychology series ; ; v. 5
Altri autori (Persone)	HenningfieldJack E BrighamJanet
Disciplina	616.86/5071
Soggetti	Tobacco - Physiological effect Tobacco - Psychological aspects Nicotine - Physiological effect Clinical health psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 159-174) and indexes.
Nota di contenuto	Cover; Contents; Acknowledgments; Chapter 1: Why Biobehavioral? Why Cigarettes, Nicotine, and Health?; Chapter 2: The History of the Use of Nicotine: A Tasty Wonder Drug for Many, if Not All, Occasions; Chapter 3: Who Smokes and What Kills Them; Chapter 4: What Nicotine Does to the Body; Chapter 5: The Natural History of a Dependence Disorder; Chapter 6: Tobacco Use as Nicotine Addiction; Chapter 7: Smoking, Drinking, and Drug Taking: A Biobehavioral Syndrome; Chapter 8: ""Low-Tar,"" ""Light"" Cigarettes: Lessons from a Dangerous Boondoggle; Chapter 9: Helping Smokers Quit Chapter 10: Tobacco, Public Health, and PolicyReferences; Author Index; Subject Index; About the Authors
Sommario/riassunto	Smoking is one of the world's most pressing public health problems. This up-to-date work reviews the severe problems caused by smoking

and examines individual and public health approaches to reducing smoking and its attendant health problems.
