Record Nr.	UNINA9910808562103321
Autore	Ali Naheed <1981->
Titolo	Understanding chronic fatigue syndrome : an introduction for patients and caregivers / / Naheed Ali
Pubbl/distr/stampa	Lanham, Maryland : , : Rowman & Littlefield, , 2015 ©2015
ISBN	1-4422-2658-7
Descrizione fisica	1 online resource (271 p.)
Disciplina	616/.0478
Soggetti	Chronic fatigue syndrome Caregivers
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Contents; Preface; Part I: Groundwork; 1 Energy and the Human Body; 2 History of Chronic Fatigue Syndrome; Part II: Clinical Picture; 3 Causes and Risk Factors; 4 Pathology of Chronic Fatigue Syndrome; 5 Diagnosing Chronic Fatigue Syndrome; 6 Roles of the Family Physician, Internist, and Neurologist in Chronic Fatigue Syndrome; 7 Role of the Hospital in Chronic Fatigue Syndrome; Part III: Many Faces; 8 Fatigue and the Human Body; 9 Viral, Neuropsychiatric, and Neuroendocrine Hypotheses; Part IV: Resolutions; 10 Natural Approaches to Chronic Fatigue Syndrome 11 Pharmacological Approaches to Chronic Fatigue Syndrome12 Addressing the Mind; 13 Collective Efforts; 14 Conclusion; Glossary; Appendix A; Appendix B; Appendix C; Appendix D; Appendix E; Notes; Bibliography; Index; About the Author
Sommario/riassunto	Chronic fatigue syndrome is a confusing and disputed disorder that affects more and more people. Here, Naheed Ali sheds light on this ill- understood and yet debilitating disorder. Readers will come away with not only a better understanding of what constitutes CFS but various ways of dealing with its symptoms.

1.