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Autore	Gowans Christopher
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Nota di contenuto	Front Cover; Philosophy of the Buddha; Copyright page; Contents; Preface; Abbreviations; Part 1: The Buddha's teaching as a philosophy; 1. Observing the stream; 2.The life of the Buddha; 3.The teaching in brief; 4.Practical dimensions of the teaching; 5.Theoretical dimensions of the teaching; Part 2: The not-self doctrine; 6.An interpretation of the not-self doctrine; 7.The rationale for thinking there are no substance-selves; 8.Some philosophical issues: are we substance-selves or process-selves?; 9.Kamma, rebirth, and the not-self doctrine Part 3: The nature, origin, and cessation of suffering10.The nature and extent of suffering; 11.The origin of suffering; 12. The cessation of suffering: Nibbaana-in-life; 13. The cessation of suffering: Nibbaana-after-death; Part 4: The way to the cessation of suffering; 14.The Eightfold Path: wisdom; 15.The Eightfold Path: virtue; 16.The Eightfold Path: concentration; 17.A message of hope: the Buddha's invitation to live selflessly; Buddhist resources on the Internet; Glossary of important Pali terms; Bibliography; Index
Sommario/riassunto	Philosophy of the Buddha is a philosophical introduction to the teaching of the Buddha. It carefully guides readers through the basic ideas and practices of the Buddha, including kamma (karma), rebirth,

the not-self doctrine, the Four Noble Truths, the Eightfold Path, ethics, meditation, non-attachment, and Nibbana (Nirvana). The book includes an account of the life of the Buddha as well as comparisons of his teaching with practical and theoretical aspects of some Western philosophical outlooks, both ancient and modern. Most distinctively, Philosophy of th

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