

1. Record Nr.	UNINA9910808490703321
Autore	Kirkbride Rebecca
Titolo	Counselling Children and Young People in Private Practice : A Practical Guide // by Rebecca Kirkbride
Pubbl/distr/stampa	Boca Raton, FL : , : Routledge, , [2018] ©2015
ISBN	0-429-91232-3 0-429-89809-6 0-429-47332-X 1-78241-458-4
Edizione	[First edition.]
Descrizione fisica	1 online resource (235 p.)
Disciplina	158.3083
Soggetti	Children - Counseling of Youth - Counseling of
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	COVER; CONTENTS; ACKNOWLEDGEMENTS; ABOUT THE AUTHOR; INTRODUCTION; PART I PRIVATE PRACTICE WITH CHILDREN AND YOUNG PEOPLE; CHAPTER ONE Referral and assessment; CHAPTER TWO Contracting and establishing the therapeutic frame; CHAPTER THREE Setting up: creating a setting for therapy with children and young people; CHAPTER FOUR Working with parents and families; PART II ETHICAL ISSUES IN COUNSELLING CHILDREN AND YOUNG PEOPLE IN PRIVATE PRACTICE; CHAPTER FIVE The law, ethical issues, and confidentiality; CHAPTER SIX Working therapeutically with risk PART III PROFESSIONAL ISSUES IN PRIVATE PRACTICE WITH CHILDREN AND YOUNG PEOPLECHAPTER SEVEN Referring on and working with other agencies; CHAPTER EIGHT Training, supervision, and support networks; PART IV WORKING WITH TECHNOLOGY IN PRIVATE PRACTICE WITH CHILDREN AND YOUNG PEOPLE; CHAPTER NINE The impact of digital technology and communication; APPENDIX Useful resources; REFERENCES; INDEX
Sommario/riassunto	With statutory CAMHS services often heavily oversubscribed, and school and college services mainly offering brief therapeutic interventions,

parents are increasingly turning to private practitioners for therapy for their children when they need expert emotional or psychological support. Working privately with children and families can be a rewarding experience for counsellors and psychotherapists but it can also be fraught with concerns for both practitioners and families alike. These concerns can seem so daunting that therapists with clinical experience of therapy with children continue to limit themselves to working only in education or statutory settings. This book offers comprehensive guidance to both experienced and novice counsellors to assist them in the process of setting up or adapting their private practice to include children and young people. It coherently and systematically addresses the obstacles which stand in the way of practitioners offering this important service effectively and ethically. The book is divided into four parts and uses case material to bring to life the areas covered by each chapter.

---