1. Record Nr. UNINA9910808454003321 Autore **Backstrom Laura** Titolo Weighty Problems: Embodied Inequality at a Children's Weight Loss Camp / / Laura Backstrom New Brunswick, NJ:,: Rutgers University Press,, [2019] Pubbl/distr/stampa ©2019 **ISBN** 0-8135-9915-6 Descrizione fisica 1 online resource (159 pages) Disciplina 618.92/398 Soggetti Obesity in children - Psychological aspects Weight loss - Psychological aspects Body image in children Lingua di pubblicazione Inglese **Formato** Materiale a stampa Monografia Livello bibliografico Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Frontmatter -- Contents -- 1. Embodied Inequality, Childhood Obesity, and the "Problem Child" -- 2. Studying Camp Odyssey -- 3. Learning Embodied Inequality through Social Comparisons -- 4. "It's Not a Fat Camp": The Decision to Attend Camp -- 5. "They Were Born Lucky": Weight Attribution among the Campers -- 6. Change Your Body, Change Yourself: Camp Resocialization -- 7. The Benefits of Weight Loss Camp . . . and the Dark Side -- 8. Conclusion --Acknowledgments -- Notes -- Index -- About the Author Sommario/riassunto Many parents, teachers, and doctors believe that childhood obesity is a social problem that needs to be solved. Yet, missing from debates over what caused the rise in childhood obesity and how to fix it are the children themselves. By investigating how contemporary cultural discourses of childhood obesity are experienced by children, Laura Backstrom illustrates how deeply fat stigma is internalized during the early socialization experiences of children. Weighty Problems details processes of embodied inequality: how the children came to recognize

inequalities related to their body size, how they explained the causes of those differences, how they responded to micro-level injustices in their lives, and how their participation in a weight loss program impacted their developing self-image. The book finds that embodied inequality is

constructed and negotiated through a number of interactional processes including resocialization, stigma management, social comparisons, and attribution.