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Nota di contenuto	Intro -- Table of contents -- Preface -- Executive summary -- Aims and target audience -- 1. Introduction -- 2. The burden of mental disorders -- 2.1 The global burden of mental disorders -- 2.2 Economic and social costs of mental disorders -- 2.3 Vulnerable groups -- 2.4 Resources and funding for mental health -- 3. Historical perspective -- 4. Recent developments in the understanding, treatment and care of persons with mental disorders -- 4.1 Interface between physical and mental disorders -- 4.2 Effective treatments for mental disorders -- 5. Global health reform trends and implications for mental health -- 5.1 Decentralization -- 5.2 Health finance reforms -- 5.3 Implications of reforms for mental health: opportunities and risks -- 6. Government policies outside the health sector which influence mental health -- 7. Mental Health Policy and Service Guidance Package: purpose and summary of the modules -- 7.1 Mental Health Policy, Plans and Programmes -- 7.2 Mental Health Financing -- 7.3 Mental

Health Legislation and Human Rights -- 7.4 Advocacy for Mental Health -- 7.5 Quality Improvement for Mental Health -- 7.6 Organization of Services for Mental Health -- 7.7 Planning and Budgeting to Deliver Services for Mental Health -- References.

Sommario/riassunto

This introductory module describes the current global context of mental health. Beginning with an outline of the current burden of mental disorders, the module sets the stage by describing the historical background to the current situation and summarising recent developments in the understanding, treatment and care of people with mental disorders. An analysis is provided of trends in global health reform and their implications for mental health. To illustrate how these global trends can be addressed by governments, and to introduce the reader to the guidance package, a summary is then provided of the modules in the guidance package. This module will enable readers to gain an understanding of the global context of mental health and to select which modules will be useful to them in their particular situations.
