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Titolo	The art and science of motivation : a therapist's guide to working with children // edited by Jenny Ziviani, Anne A. Poulsen and Monica Cuskelly ; foreword by Alan Hayes
Pubbl/distr/stampa	London ; ; Philadelphia, : Jessica Kingsley Publishers, 2012
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Altri autori (Persone)	ZivianiJenny PoulsenAnne A CuskellyMonica
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Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	The Art and Science of Motivation; Contributing Authors; Foreword; Preface; Acknowledgments; Chapter 1: Understanding Motivation in the Context of Engaging Children in Therapy; Overview; Introducing the SCOPE-IT model and themacrotheory of Self-Determination; The heart of the SCOPE-IT model: Motivation; Three basic psychological needs; Autonomy-"I have choices"; Relatedness-"I am connected to others"; Competence-"I can do things"; Causality orientations; Self-Determination Theory: The motivation continuum; Stage One: Amotivation; Stage Two: External regulation Stage Three: Introjected regulationStage Four: Identified regulation; Stage Five: Integrated regulation; Stage Six: Intrinsic motivation; Summary; Chapter 2: Children's Understanding of Purpose: A Matter of Choice; Overview; Self-determined behavior; What constitutes autonomy?; Why is it important to promote autonomy?; What types of environments promote the development and use of autonomy-related self-determination skills?; Autonomy-supportive therapeutic

environments; Challenges to providing an autonomy-supportive service  
Groups who may require particular consideration with respect to  
autonomy supportChildren whose parents adopt a controlling style;  
Children with a disability; Adolescents; Children from different cultural  
backgrounds; Challenges for autonomy-supportive therapeutic  
practice; Assessment; Areas where consequences are serious; Child  
goals that are unrealistic or at odds with those of the therapist;  
Working with families; Structure in therapy; Prior experience of  
autonomy-supportive environments; Does the use of reinforcement  
undermine motivation in therapy?; Summary  
Chapter 3: Connecting: Nutriments from the Social  
EnvironmentOverview; The therapeutic relationship; Spheres of  
connection; Identifying connections; Socio-environmental influences;  
Family; School; Neighborhoods and community organizations;  
Motivational climates; Virtual connections; Building partnerships; Early  
days in the relationship: Setting goals as a collaborative venture; The  
ongoing relationship; Working with other health care practitioners;  
Moving forward; Practitioner self-care; Summary; Chapter 4: Achieving  
Success: Facilitating Skill Acquisition and Enabling Participation;  
Overview  
Why is competence important?Defining competence; Children's  
perceptions of their own competence; Self-theories; Enhancing self-  
perceptions of competence; Enhancing competence through skill  
acquisition; Stages of learning; Establishing effective practice routines  
with children; Mental practice; Teaching-learning strategies to support  
the development of competence; Summary; Chapter 5: Using Language  
to Motivate; Overview; How the therapist's language influences  
engagement; Getting started; Developing and strengthening the child-  
practitioner relationship through the use of language  
Our language reveals more to others than we realize

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Sommario/riassunto

This book provides a comprehensive understanding of methods for working with children with a range of difficulties. It presents a new model for working with these groups to enhance motivation and engagement and to achieve the best possible treatment outcomes. It will be an inspiring read for all those working therapeutically with children.

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