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Nota di contenuto	Preface -- Acknowledgments -- About the contributors -- Career counseling in the 21st century : evolving contexts, challenges, and concepts -- Career counseling: a life career development perspective -- Ways of understanding career behavior and development : selected theories -- Empowering life choices : career counseling in the contexts of race and class / Lisa Y. Flores -- Empowering women's life choices : an examination of gender and sexual orientation -- Empowering men's life choices : an examination of gender and sexual orientation / with P. Paul Heppner -- Facilitating the career development of individuals with disabilities through empowering career counseling / John F. Kosciulek -- Helping clients understand and respond to changes in the workplace and in family life -- Client goal or problem identification, clarification, and specification -- Opening phase of the career counseling process : forming the working alliance -- Identifying and analyzing life career themes -- Life career assessment : an interview framework to help clients tell their stories -- Career, multicultural, and marital and military family genograms : -- Helping clients tell their stories about their career-family connections -- Gathering client information using an occupational card sort : -- Using occupational titles as stimuli -- Gathering client information using selected standardized tests and inventories : an in-depth approach -- Assessments that focus on

strengths and positive psychology : the clifton strengthsfinder and the insight inventory / with Patrick Handley -- Understanding and working with resistant clients -- Client goal or problem resolution -- Using information, taking action, and developing plans of action -- Using social media in career counseling / Amanda Nell -- Bringing closure to career counseling -- Index.
