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Titolo	Counseling and psychotherapy : theories and interventions // edited by David Capuzzi and Douglas R. Gross
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Edizione	[Fifth edition.]
Descrizione fisica	1 online resource (426 p.)
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Soggetti	Counseling Psychotherapy
Lingua di pubblicazione	Inglese
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Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Helping relationships : from core dimensions to brief approaches / Douglas R. Gross and David Capuzzi -- Diversity and social justice issues in counseling and psychotherapy / Deborah J. Rubel and Manivong J. Ratts -- Psychoanalytic theory / Adrienne L. Johnson -- Jungian analytical theory / Abbe Finn -- Adlerian theory / Roxane L. Dufrene -- Existential theory / Mary Lou Bryant Frank -- Person-centered theory / Richard J. Hazler -- Gestalt theory / Melinda Haley-Bailey -- Cognitive-behavioral theories / Cynthia R. Kalodner -- Dialectical behavior theory / Laura R. Simpson -- Rational emotive behavior theory / Ann Vernon -- Reality therapy/choice theory / Robert E. Wubbolding -- Family theory / Cass Dykeman -- Feminist theory / Barbara Herlihy and Vivian McCollum -- Transpersonal theory / Jonathan W. Carrier and Nathanael G. Mitchell -- Integrative approaches : expressive arts, narrative, and symbolism / Walter Breaux.
Sommario/riassunto	This student-friendly and well designed introductory text provides a thorough overview of 14 widely used theories. Experts examine each theory from the perspective of its historical background, major constructs, goals, cross-cultural considerations, and limitations. Traditional and brief interventions integrate theory with specific counseling strategies, giving students further insight into the

counseling process and guidance in developing their personal counseling style. A consistent case study across chapters reinforces the differences between theories and illustrates assessment of client c
