1. Record Nr. UNINA9910808153703321 Autore Valent Paul <1938-> Titolo In two minds: tales of a psychotherapist / / Paul Valent Pubbl/distr/stampa Sydney,: UNSW Press, 2009 **ISBN** 1-74223-189-6 Edizione [1st ed.] Descrizione fisica 1 online resource (350 p.) 155.9 Disciplina 616.89 Soggetti Life change events - Psychological aspects Loss (Psychology) Change (Psychology) Adjustment (Psychology) Resilience (Personality trait) Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di contenuto Contents; Preface; Acknowledgments; 1 Mind over matter; 2 The too good murderer; 3 Life and death?; 4 Out of the ashes; 5 A stroke of bad luck; 6 Love in the emergency room; 7 Numb pain; 8 In her right mind; 9 In the parents' bedroom; 10 Tortoises; 11 A sheep in wolf's clothing; 12 On a knife edge; 13 Relivings; 14 Epilogue Paul Valent, retired medical doctor, psychiatrist, psychotherapist and Sommario/riassunto traumatologist, describes the struggles and discoveries in his varied four-decade career. Each chapter offers a glimpse into the psychotherapeutic encounter, from the author's field work with survivors of the Ash Wednesday bushfires, to the private challenges of unearthing childhood trauma in a sex offender. Through the fascinating stories of his work with patients and the examination of his own life

story as a Holocaust survivor, Valent articulates and grapples with

ubiquitous human issues such as morality, trauma, illness