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Titolo	The breast cancer book [[electronic resource]] : what you need to know to make informed decisions // Ruth H. Grobstein
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Nota di contenuto	Front matter -- Contents -- Foreword -- Preface -- Acknowledgments -- Chapter 1. Facts You Should Know And Questions You Might Ask -- Chapter 2. Detection: Mammograms And Breast Exams -- Chapter 3. The Path To Your Diagnosis: Breast Biopsies -- Chapter 4. The Pathologist's Report -- Chapter 5. Your Treatment Team And Second Opinions -- Chapter 6. Surgery And Staging Of Your Breast Cancer -- Chapter 7. Radiation Therapy -- Chapter 8. Systemic Therapy -- Chapter 9. More Facts You Should Know -- Chapter 10. Transition Time -- Resources -- Index -- Tear-Out Decision Trees
Sommario/riassunto	A diagnosis of breast cancer is among the most frightening moments in a person's life-so frightening that even to formulate questions for the doctor may seem impossible. This helpful book is written as a guide for women and men facing breast cancer and for their caring families and friends. It is also written for women who have not been diagnosed with breast cancer but are concerned that they may be. Drawing on her many years of experience with breast cancer patients, Dr. Ruth H. Grobstein provides exactly the information they want and need in order to make the best health decisions. Her jargon-free book deals with general issues of interest to all women-mammography, hormone replacement therapy, risk factors for breast cancer, and more-as well as the numerous issues that patients diagnosed with breast cancer

confront. Her book will be an indispensable companion, providing reliable information for patients on the journey through a sometimes confusing and impersonal medical system.
