Record Nr. UNINA9910807856403321 Autore Saavedra Mary Jo **Titolo** Eldercare 101: a practical guide to later life planning, care, and wellbeing / / Mary Jo Saavedra; in collaboration with Susan Cain McCarty [and four others]; with Ruth Matinko-Wald, editor Pubbl/distr/stampa Lanham:,: Rowman & Littlefield,, [2016] ©2016 **ISBN** 1-4422-6547-7 Descrizione fisica 1 online resource (311 p.) Disciplina 362.6/3 Soggetti Older people - Care Caregivers Older people - Health and hygiene Older people - Finance, Personal Older people - Religious life Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Intro: Contents: Preface: Acknowledgments: Introduction: Chapter 1. LEGAL PILLAR OF AGING WELLBEING; Chapter 2. FINANCIAL PILLAR OF AGING WELLBEING; Chapter 3. LIVING ENVIRONMENT PILLAR OF AGING WELLBEING; Chapter 4. SOCIAL PILLAR OF AGING WELLBEING; Chapter 5. MEDICAL PILLAR OF AGING WELLBEING; Chapter 6. SPIRITUAL PILLAR OF AGING WELLBEING; Glossary; Notes; Bibliography; Index; Meet the Authors Sommario/riassunto Eldercare 101: A Practical Guide to Later Life Planning, Care, and Wellbeing is the key to making order and peace from chaos and crisis for our elders and their caregivers. Whether used for proactive planning or fast answers, this comprehensive resource offers the steppingstones needed to help a loved one live well through the later years.