

1. Record Nr.	UNINA9910807813003321
Titolo	Effortless attention : a new perspective in the cognitive science of attention and action / / edited by Brian Bruya
Pubbl/distr/stampa	Cambridge, Mass., : MIT Press, c2010
ISBN	0-262-29346-3 1-282-63831-9 9786612638312 0-262-26943-0
Edizione	[1st ed.]
Descrizione fisica	1 online resource (viii, 449 p.) : ill
Altri autori (Persone)	Bruya Brian <1966->
Disciplina	612.8/233
Soggetti	Attention Cognitive neuroscience
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"A Bradford book."
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Effortful attention control / Brandon J. Schmeichel and Roy F. Baumeister -- The benefits and perils of attentional control / Marci S. DeCaro and Sian L. Beilock -- Effortless motor learning?: an external focus of attention enhances movement effectiveness and efficiency / Gabriele Wulf and Rebecca Lewthwaite -- The impact of anticipated cognitive demand on attention and behavioral choice / Joseph T. McGuire and Matthew M. Botvinick -- Grounding attention in action control: the intentional control of selection / Bernhard Hommel -- Implicit versus deliberate control and its implications for awareness / Chris Blais -- Effortless attention, hypofrontality, and perfectionism / Arne Dietrich and Oliver Stoll -- Effortless attention in everyday life: a systematic phenomenology / Mihaly Csikszentmihalyi and Robert D. Wall -- Developing an experimental induction of flow: effortless action in the lab / Arlen C. Moller, Brain P. Meier, and Robert D. Wall -- The physiology of effortless attention: correlates of state flow and flow proneness / Fredrik Ullen ... [et al.] -- Apertures, draw, and syntax: remodeling attention / Brian Bruya -- Toward an empirically responsible ethics: cognitive science, virtue ethics, and effortless attention in early Chinese thought / Edward Slingerland -- Flow

experience explained on the grounds of an activity approach to attention / Yuri Dormashev -- Two to tango: automatic social coordination and the role of felt effort / Joshua M. Ackerman and John A. Bargh -- The thalamic gateway: how the meditative training of attention evolves toward selfless transformations of consciousness / James H. Austin -- Training effortless attention / Michael I. Posner ... [et al.]

Sommario/riassunto

The phenomena of effortless attention, action & the challenges they pose to current cognitive models of attention & action are discussed in this volume.
