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Titolo	A reflective guide to gender identity counselling // Madison-Amy Webb
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ISBN	1-78450-733-4 9781784507336
Descrizione fisica	1 online resource (266 pages)
Disciplina	155.3/3
Soggetti	Gender identity Gender dysphoria Transgender people - Counseling of Transsexuals - Counseling of Gender-nonconforming people - Counseling of
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	This diverse planet- biodiversity vs. gender bigotry -- Historical misinterpretations, power shifts, & gender suppression -- An exercise 1. How was your gender identity shaped? -- In treatment 1 -- The Jorgenson effect -- In treatment 2 -- Personal meaning -- The aftershock of the second Jorgenson effect -- The dressing up box -- Understanding gender -- Personal meaning part 2 -- Person centred theory and gender actualisation (acknowledging our beacon) -- Beginning the process of gender identity enquiry -- The phenomenology of transition -- Debunking gender- dare we be ourselves.
Sommario/riassunto	"Counselling professionals are increasingly seeking training for working with gender variant clients. Madison-Amy Webb invites them to consider a simple truth: everyone has a gender identity, whether or not they've given it much thought. By reflecting on their own gender identity through the exercises provided, counsellors can relate to clients in new and productive ways, gaining a more nuanced understanding of the issues faced by their clients and of their own identity. Incisive yet accessible, this unique guide shines a light on how

the popular conception of gender identity came into being by looking at the social and historical influences at play. This context is then brought to life with a rich variety of case studies and excerpts from the author's own diary. Reflective exercises such as 'The Dressing Up Box' and 'Personal Meaning' will help readers develop a deeper understanding of their own gender identity, while clinical techniques offer new ways to connect with gender variant clients effectively. Essential reading for any counselling professional working with gender variant clients"--

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